

# Which IBLCE Pathway is Right for Me?

**Choose One of the Options Below:** Complete clinical hours providing direct lactation and breastfeeding care or education.

## Option 1

Are you currently providing or can you locate a clinical setting to provide breastfeeding and lactation care or education (paid or unpaid)?

YES

NO

IBLCE requires clinical hour experience. You will want to research ways in your community that you can earn these hours.

Is this care or education in an appropriate supervised setting (i.e. hospital, community clinic, primary care practitioner's practice/office, birth centre, lactation care clinic/practice) OR currently listed on IBLCE's Recognised Breastfeeding Support Organisation list?

YES

NO

Clinical hours can only be counted in this way unless you are able to practice independently within your scope of practice within your profession

Are you able to provide 1000 hours of this care or education within 5 years of applying to sit the IBCLC exam?

YES

NO

If you are not able to earn the 1000 hours in 5 years, then you may want to look for other ways to earn the clinical hours.

## Pathway 1

[Click here to learn more!](#)

## Option 2

Are you interested in completing an academic program in lactation consulting?

YES

NO

Take a look at information on Pathway 1 and Pathway 3. [Click here to learn more.](#)

## Pathway 2

[Click here to learn more!](#)

## Option 3

Are you able to have an IBCLC mentor your breastfeeding and lactation care or education clinical hours in an appropriate supervised setting?  
\*IBLCE must verify your plan before earning the clinical hours.

YES

NO

Take a look at information on Pathway 1 and Pathway 2. [Click here to learn more.](#)

## Pathway 3

[Click here to learn more!](#)

**In addition to completing the clinical hours via one of the pathways described above, all candidates are required to:**

- Complete 14 health science courses (either as an IBLCE Recognised Health Care Professional OR complete coursework in each subject).
- Complete 90 hours of lactation education.